

## **Thomas Merton's prayer** *American Trappist monk*

My Lord God,  
I have no idea where I am going.  
I do not see the road ahead of me.  
I cannot know for certain where it will end.  
Nor do I really know myself,  
and the fact that I think I am following  
your will does not mean that I am  
actually doing so.  
But I believe that the desire to please  
you does in fact please you.  
And I hope I have that desire in all that I  
am doing.  
I hope that I will never do anything apart  
from that desire.  
And I know that if I do this you will lead  
me by the right road,  
though I may know nothing about it.  
Therefore will I trust you always though  
I may seem to be lost and in the shadow  
of death.  
I will not fear, for you are ever with me,  
and you will never leave me to face my  
perils alone.

*Theme: Hanging in there*  
*Bible: Psalm 42*

## **The Covenant Prayer** *John Wesley*

I am no longer my own, but yours.  
Put me to what you will, place me with whom  
you will.  
Put me to doing, put me to suffering.  
Let me be put to work for you or set aside for  
you,  
Praised for you or criticized for you.  
Let me be full, let me be empty.  
Let me have all things, let me have nothing.  
I freely and fully surrender all things to your  
glory and service.  
And now, O wonderful and holy God,  
Creator, Redeemer, and Sustainer,  
you are mine, and I am yours.  
So be it.  
And the covenant which I have made on earth,  
Let it also be made in heaven. Amen.

*Theme: Humility*  
*Bible: Philippians 2:1-11*



## **Famous prayers of the Christian faith**

***July 2022***



## **The Serenity Prayer** *Reinhold Niebuhr*

God grant me the serenity to accept  
the things I cannot change;  
courage to change the things I can;  
and wisdom to know the difference.  
Living one day at a time;  
enjoying one moment at a time;  
accepting hardships as the pathway  
to peace;  
taking, as He did, this sinful world as  
it is, not as I would have it;  
trusting that He will make all things  
right if I surrender to His Will;  
that I may be reasonably happy in  
this life  
and supremely happy with Him  
forever in the next.  
Amen.

*Theme: Discernment/acceptance*  
*Bible: 1 Kings 3:1-15*

## **St Patrick's Breastplate** *Stuart Townend version*

Christ be with me, Christ within me,  
Christ behind me and before me.  
Christ beside me, Christ to win me,  
Christ to comfort and restore.  
Christ beneath me, Christ above me,  
Christ in hearts of all who know me.  
Christ in mouth of friend and stranger,  
Christ in quiet and in roar.  
Love, blessed Trinity of three,  
Bound in unity  
Who guides my journey.  
I will arise with strength of heaven  
Trusting in Your light  
To guide my journey  
Shine before me  
Lead me home.  
Power to guide me, might to hold me,  
Wisdom teach me, watching o'er me.  
Ear to hear me, hand to guard me,  
Love to conquer every fear. Amen

*Theme: Protection*  
*Bible: 2 Kings 6:8-23*

## **Prayer of St Francis of Assisi**



Lord, make me an instrument of your peace  
Where there is hatred, let me sow love  
Where there is injury, pardon  
Where there is doubt, faith  
Where there is despair, hope  
Where there is darkness, light  
And where there is sadness, joy  
O Divine Master, grant that I may  
Not so much seek to be consoled as to  
console  
To be understood, as to understand  
To be loved, as to love  
For it is in giving that we receive  
And it's in pardoning that we are pardoned  
And it's in dying that we are born to Eternal  
Life  
Amen

*Theme: Going against the flow*  
*Bible: Galatians 5:16-26*